

or process enough insulin. Type 2 diabetes is often related to obesity, and it is rising rapidly among men and women of all ages. Type 2 diabetes is also on the rise among children, for whom it was once extremely rare. Modest weight loss, increased exercise, and a healthy diet can decrease the risk of type 2 diabetes and help manage its complications.

Through the HealthierUS Initiative, my Administration is helping Americans develop the healthier habits that can improve their quality of life. And the Centers for Disease Control and Prevention and the National Institutes of Health are working together through the National Diabetes Education Program to educate Americans at risk for diabetes and to instruct those living with the disease about controlling blood glucose, blood pressure, and cholesterol. By raising awareness in our communities and providing assistance to those battling the disease, we are fighting diabetes.

My Administration also has demonstrated a strong commitment to medical research by completing a 5-year commitment to double the NIH budget to more than \$27 billion. During fiscal year 2003, the NIH invested an estimated \$860.5 million into diabetes research. We will continue to support NIH scientists and others working to treat and cure this disease.

During National Diabetes Month, we commend those advancing the fight against diabetes as they bring hope and health to millions of Americans.

NOW, THEREFORE, I, GEORGE W. BUSH, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim November 2003 as National Diabetes Month. I call upon all Americans to increase their awareness of the risk factors and symptoms related to diabetes and to observe this month with appropriate programs and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this thirty-first day of October, in the year of our Lord two thousand three, and of the Independence of the United States of America the two hundred and twenty-eighth.

GEORGE W. BUSH

Proclamation 7730 of October 31, 2003

National Family Caregivers Month, 2003

*By the President of the United States of America
A Proclamation*

Millions of Americans make extraordinary efforts every day to care for loved ones who are elderly, chronically ill, or disabled. These caregivers make many sacrifices to improve the lives of their loved ones. Through their love, dedication, and courage, these compassionate children, parents, spouses, grandparents, and extended family members strengthen and preserve the importance of family and reflect the true character of our Nation.

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My Administration is supporting family caregivers in their efforts to provide comfort and support to their loved ones. The National Family Caregiver Support Program, managed by the Administration on Aging of the Department of Health and Human Services, gives family caregivers counseling, information, respite care, and supplemental services.

As we mark National Family Caregivers Month, we express our gratitude to family caregivers, and celebrate the great blessings they bring to their families and to our Nation.

NOW, THEREFORE, I, GEORGE W. BUSH, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim November 2003 as National Family Caregivers Month. I encourage all Americans to honor and support family members, friends, and neighbors who assume important caregiving responsibilities.

IN WITNESS WHEREOF, I have hereunto set my hand this thirty-first day of October, in the year of our Lord two thousand three, and of the Independence of the United States of America the two hundred and twenty-eighth.

GEORGE W. BUSH

Proclamation 7731 of November 7, 2003

National Adoption Month, 2003

*By the President of the United States of America
A Proclamation*

Every year, tens of thousands of American families answer the call to adopt a child. During National Adoption Month, we recognize America's adoptive and foster families. We also commit to helping all of our children, including those waiting in foster care, find safe, permanent, and loving homes.

On November 22, communities across the country will come together to celebrate National Adoption Day by finalizing the adoptions of over 3,000 children from foster care. On this day and all this month, we honor families that have opened their hearts and homes to a child.

The number of children who are adopted has increased in recent years. Still, thousands of children in our country—many with special needs—continue to wait in foster care for an adoptive family.

We are taking important steps to make adoption more commonplace and to protect the well-being of our children. We have eased the financial burden of adoption by nearly doubling the maximum adoption tax credit. We expanded the Promoting Safe and Stable Families Program, which encourages adoption at the local level and supports adoptive families with services that ease a child's transition into a new family and help to strengthen the family. The Department of Health and Human Services provides incentives to States that increase the number of children adopted from State-supervised foster care.