

of a food described in this section shall be exempt from declaration of the statements which paragraphs (a) and (b) of this section require immediately following the name of the food. Such exemption shall not apply to the outer container or wrapper of a multiunit retail package.

(e) All salt, table salt, iodized salt, or iodized table salt in packages intended for retail sale shipped in interstate commerce 18 months after the date of publication of this statement of policy in the FEDERAL REGISTER, shall be labeled as prescribed by this section; and if not so labeled, the Food and Drug Administration will regard them as misbranded within the meaning of sections 403 (a) and (f) of the Federal Food, Drug, and Cosmetic Act.

[42 FR 14306, Mar. 15, 1977, as amended at 48 FR 10811, Mar. 15, 1983; 49 FR 24119, June 12, 1984]

PART 101—FOOD LABELING

Subpart A—General Provisions

Sec.

- 101.1 Principal display panel of package form food.
- 101.2 Information panel of package form food.
- 101.3 Identity labeling of food in packaged form.
- 101.4 Food; designation of ingredients.
- 101.5 Food; name and place of business of manufacturer, packer, or distributor.
- 101.9 Nutrition labeling of food.
- 101.10 Nutrition labeling of restaurant foods.
- 101.12 Reference amounts customarily consumed per eating occasion.
- 101.13 Nutrient content claims—general principles.
- 101.14 Health claims: general requirements.
- 101.15 Food; prominence of required statements.
- 101.17 Food labeling warning, notice, and safe handling statements.
- 101.18 Misbranding of food.

Subpart B—Specific Food Labeling Requirements

- 101.22 Foods; labeling of spices, flavorings, colorings and chemical preservatives.
- 101.30 Percentage juice declaration for foods purporting to be beverages that contain fruit or vegetable juice.

Subpart C—Specific Nutrition Labeling Requirements and Guidelines

- 101.36 Nutrition labeling of dietary supplements.
- 101.42 Nutrition labeling of raw fruit, vegetables, and fish.
- 101.43 Substantial compliance of food retailers with the guidelines for the voluntary nutrition labeling of raw fruit, vegetables, and fish.
- 101.44 Identification of the 20 most frequently consumed raw fruit, vegetables, and fish in the United States.
- 101.45 Guidelines for the voluntary nutrition labeling of raw fruit, vegetables, and fish.

Subpart D—Specific Requirements for Nutrient Content Claims

- 101.54 Nutrient content claims for “good source,” “high,” “more,” and “high potency.”
- 101.56 Nutrient content claims for “light” or “lite.”
- 101.60 Nutrient content claims for the calorie content of foods.
- 101.61 Nutrient content claims for the sodium content of foods.
- 101.62 Nutrient content claims for fat, fatty acid, and cholesterol content of foods.
- 101.65 Implied nutrient content claims and related label statements.
- 101.67 Use of nutrient content claims for butter.
- 101.69 Petitions for nutrient content claims.

Subpart E—Specific Requirements for Health Claims

- 101.70 Petitions for health claims.
- 101.71 Health claims: claims not authorized.
- 101.72 Health claims: calcium and osteoporosis.
- 101.73 Health claims: dietary lipids and cancer.
- 101.74 Health claims: sodium and hypertension.
- 101.75 Health claims: dietary saturated fat and cholesterol and risk of coronary heart disease.
- 101.76 Health claims: fiber-containing grain products, fruits, and vegetables and cancer.
- 101.77 Health claims: fruits, vegetables, and grain products that contain fiber, particularly soluble fiber, and risk of coronary heart disease.
- 101.78 Health claims: fruits and vegetables and cancer.
- 101.79 Health claims: Folate and neural tube defects.
- 101.80 Health claims: dietary noncariogenic carbohydrate sweeteners and dental caries.

Food and Drug Administration, HHS

§ 101.2

- 101.81 Health claims: Soluble fiber from certain foods and risk of coronary heart disease (CHD).
- 101.82 Health claims: Soy protein and risk of coronary heart disease (CHD).
- 101.83 Health claims: plant sterol/stanol esters and risk of coronary heart disease (CHD).

Subpart F—Specific Requirements for Descriptive Claims That Are Neither Nutrient Content Claims nor Health Claims

- 101.93 Certain types of statements for dietary supplements.
- 101.95 “Fresh,” “freshly frozen,” “fresh frozen,” “frozen fresh.”

Subpart G—Exemptions From Food Labeling Requirements

- 101.100 Food; exemptions from labeling.
- 101.105 Declaration of net quantity of contents when exempt.
- 101.108 Temporary exemptions for purposes of conducting authorized food labeling experiments.
- APPENDIX A TO PART 101—MONIER-WILLIAMS PROCEDURE (WITH MODIFICATIONS) FOR SULFITES IN FOOD, CENTER FOR FOOD SAFETY AND APPLIED NUTRITION, FOOD AND DRUG ADMINISTRATION (NOVEMBER 1985)
- APPENDIX B TO PART 101—GRAPHIC ENHANCEMENTS USED BY THE FDA
- APPENDIX C TO PART 101—NUTRITION FACTS FOR RAW FRUITS AND VEGETABLES
- APPENDIX D TO PART 101—NUTRITION FACTS FOR COOKED FISH

AUTHORITY: 15 U.S.C. 1453, 1454, 1455; 21 U.S.C. 321, 331, 342, 343, 348, 371; 42 U.S.C. 243, 264, 271.

SOURCE: 42 FR 14308, Mar. 15, 1977, unless otherwise noted.

EDITORIAL NOTE: Nomenclature changes to part 101 appear at 63 FR 14035, Mar. 24, 1998, 66 FR 17358, Mar. 30, 2001, and 66 FR 56035, Nov. 6, 2001.

Subpart A—General Provisions

§ 101.1 Principal display panel of package form food.

The term *principal display panel* as it applies to food in package form and as used in this part, means the part of a label that is most likely to be displayed, presented, shown, or examined under customary conditions of display for retail sale. The principal display panel shall be large enough to accommodate all the mandatory label information required to be placed thereon

by this part with clarity and conspicuousness and without obscuring design, vignettes, or crowding. Where packages bear alternate principal display panels, information required to be placed on the principal display panel shall be duplicated on each principal display panel. For the purpose of obtaining uniform type size in declaring the quantity of contents for all packages of substantially the same size, the term *area of the principal display panel* means the area of the side or surface that bears the principal display panel, which area shall be:

(a) In the case of a rectangular package where one entire side properly can be considered to be the principal display panel side, the product of the height times the width of that side;

(b) In the case of a cylindrical or nearly cylindrical container, 40 percent of the product of the height of the container times the circumference;

(c) In the case of any otherwise shaped container, 40 percent of the total surface of the container: *Provided, however,* That where such container presents an obvious “principal display panel” such as the top of a triangular or circular package of cheese, the area shall consist of the entire top surface. In determining the area of the principal display panel, exclude tops, bottoms, flanges at tops and bottoms of cans, and shoulders and necks of bottles or jars. In the case of cylindrical or nearly cylindrical containers, information required by this part to appear on the principal display panel shall appear within that 40 percent of the circumference which is most likely to be displayed, presented, shown, or examined under customary conditions of display for retail sale.

§ 101.2 Information panel of package form food.

(a) The term *information panel* as it applies to packaged food means that part of the label immediately contiguous and to the right of the principal display panel as observed by an individual facing the principal display panel with the following exceptions:

(1) If the part of the label immediately contiguous and to the right of the principal display panel is too small